

The Consortium on Trauma, Illness & Grief in Schools (TIG)

CCSI: *Innovative Solutions in Human Service Delivery*



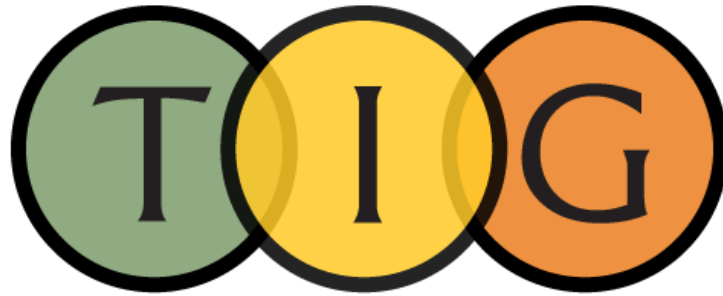
The Heart of TIG

“When I was a boy and I would see scary things in the news my mother would say to me, ‘Look for the helpers. You will always find people who are helping.’

To this day, especially in times of disaster, I remember my mother’s words and I am always comforted by realizing that there are still so many helpers –so many caring people in this world.”

~Mr. Rogers





THE CONSORTIUM ON TRAUMA,
ILLNESS, AND GRIEF IN SCHOOLS

Mission

To maintain and grow a community and school-based consortium of culturally sensitive and clinically appropriate training, support, and resource services to assist schools in responding to the emotional needs of children, teachers, and other school personnel, which arise from trauma, violence, illness, grief and loss.



Structure and Philosophy

“Students carry more between home & school than lunch and a backpack. Working together we can lighten their load.”

~National Association of School Psychologists



Framework

Prevent

Protect

Mitigate

Respond

Recover



Components of TIG

Core Curriculum

- 7 module sequence
- Appropriate for any staff, all roles
- Increases awareness
- Action-oriented, applied approach
- Promotes systemic change
- Increases capacity to be responsive

Response Network

- Players on the bench
- Regional
- Evidence-based response model
- Decreases vicarious trauma
- Increases efficacy of response
- Reduces liability risk

Local Leadership

- Advisory body
- Centralized communication
- Neutral facilitation
- Initial Planning & Funding
- Access to resources



TIG Core Curriculum

- ✓ Grief & Loss
- ✓ Trauma
- ✓ Suicide Risk & Intervention
- ✓ Chronic Illness (Physical and Mental Health)
- ✓ Threat Assessment & Management
- ✓ Implementation & Crisis Response Network
- ✓ Critical Incident Stress Management (CISM)



Training Goals



DELIVER PRACTICAL
GUIDELINES,
INFORMATION & TOOLS
FOR SCHOOL PERSONNEL



BETTER ADDRESS
STUDENTS' HOLISTIC
NEEDS THROUGH
INCREASING
KNOWLEDGE, COMFORT
& CONFIDENCE



CREATE COMMON
LANGUAGE AND
APPROACH



ENCOURAGE DE-BRIEFING
& SELF-CARE FOLLOWING
A RESPONSE



All Modules Are:

Trauma-Informed

Strength-based

Equity Focused

Suicide Safe

Grounded in Resilience



A close-up, black and white photograph of a spiral-bound notebook. The metal spiral binding is prominent on the left side, and the pages are slightly blurred, showing some faint markings.

Crisis Response & Network Support

- ✓ Internal Crisis Response Team
 - Team Foundation and structure
 - Improved efficacy and efficiency
 - Model of strategic planning for Crisis Response
 - Evidence-Based Crisis Interventions
 - Liability protection
- ✓ Support Network
 - Increased comfort and security
 - Predictable response and approach
 - Shared Crisis Intervention skills
 - Decreased risk for secondary traumatic stress



TIG Approach

- Stabilize educational leaders
- Address the needs of the Moment, the needs of the Many, and the needs over time
- Maintain normalcy wherever possible
- Plan proactively
- Promote Hope and help-seeking
- Apply evidence-based crisis response interventions
- Monitor over time



Students Benefit From...



INFORMED AND
RESPONSIVE STAFF



STRENGTH-BASED,
INDIVIDUALIZED
APPROACH



PROCEDURE AND POLICY
THAT BALANCE
ACCOUNTABILITY WITH
UNDERSTANDING



CRISIS PREPAREDNESS



Program Evaluation

System Improvements: Resources, collegial support/cohesion, common language/communication, knowing how to listen, and knowing how to ask quality questions

Preparation: Survey respondents agreed TIG better prepared them to cope with the trauma/stress experienced at their job; including acute crises.

Consistency:

- *“TIG provides structure during times of great hardship.”*
- *“It is beyond helpful to have a cadre of professionals across districts that share in common language and training. It is reassuring both in **providing** and **receiving** back-up support.”*
- *“Connections with staff and students are much more open and accessible when you can be seen in multiple lights.”*
- *“TIG provides continuity of care across the district.”*



TIG Promotes

- Collaboration
- Connection across Multiple Initiatives
- Efficient Communication
- Increased Competence and Confidence
- Implementation
- Systemic Transformation



Proposal: TIG Goes to College

In partnership with TIG leadership, a UNYCC working group will adopt TIG's strategies to:

- share resources to benefit participating institutions beyond what could be achieved individually
- mitigate the impact of traumatic events in higher education environments



Phased Approach

Phase I (Fall 2021)

- *Curriculum Development for TIG in Higher Education Environment*
- *Foundational Trauma Informed Care Training*

Phase II (Winter/Spring 2022)

- *Recruitment for and launching of UNYCC/TIG Pilot*

Phase III (Summer 2022)

- *Critical Incident Response planning*

Phase IV (Fall 2022)

- *Launching of UNYCC/TIG Critical Incident Response Pilot*
- *Initiate next training cohort*





Questions & Discussion



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